

WWR WRESTLING SEASON FEEDBACK FORM

Your Weight Class _____

Coach's Name: _____ Date: _____

Your - Weight Class: _____

OPTIONAL Your Name: _____



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It is through this input that we can identify coaching program staff strengths as well as areas for improvement in the program.

For each question, input the rating that best expresses your thoughts. At practices, the coach . . .

The ratings are as follows: **1 = Excellent 2 = Good 3 = Average 4 = Below Average 5 = Needs Improvement**

PRACTICES

Was on time	Was organized; Used time wisely
Was patient, displayed self-control and poise	Treated everyone fairly
Accepted input from wrestlers; Incorporated ideas into Practices	Allowed wrestlers to voice their concerns without fear of Recrimination
Used humor when appropriate	Provided constructive criticism, feedback
Used Team/Individual discipline appropriately	Prepared athletes well with Physical Conditioning for competition
Dealt appropriately with injured athletes; Respected decisions of Sports Medicine Staff	Provided clear explanations/demonstrations
Demonstrated the ability to analyze and correct technique	Conducted "competitive" practice sessions
Was open to change when needed	

COMPETITION

Utilized scouting reports to prepare the weight class wrestler	Demonstrated control on the sidelines with wrestlers and officials
Discussed strategy before each match	Exhibited appropriate post-game behavior with wrestlers, officials, opponents, fans, parents
Instilled confidence in team at competition	Stayed focused when a match wasn't going when behind in score
Communicated effectively during time-outs; Between periods	

CHARACTERISTICS

Set a Good personal example	Was available to talk to with regard to personal problems or advice
Displayed consistency and decisiveness in action	Respected the coaching staff including the Head Coach and other assistant coaches on the staff
Was an effective motivator	Enhanced my performance through his coaching
Had a Good rapport with wrestlers	Was rewarding to wrestle under his tutelage
Cared about me personally, as well as a wrestler	Incorporated the religious philosophy of the college

OVERALL - (Please add any additional comments below on the back of this sheet.)

What did you like most about program?

Least?

Suggestions?

What would you change about the season?

What suggestions would you make to improve the program (long-range)?