# Head Coach Evaluation Form for Assistant Coaches

**Coach Name**
**Assistant Coach Name**
**Date:**

For each question, put a check in the box that best expresses your thoughts. The ratings are as follows:

1 = Excellent  2 = Good  3 = Average  4 = Below Average  5 = Needs Improvement

## Practices

At practices, the coach . . .

- Was on time
- Was organized; Used time wisely
- Was patient, displayed self-control and poise
- Treated athletes fairly
- Follows input from Head Coach & Incorporated ideas & philosophies into practice
- Uses humor appropriately
- Provides constructive criticism to athletes and feedback; Uses positive methods to motivate
- Defers all absences and Team/Individual discipline appropriately to head Coach and communicates with Head Coach
- Deals appropriately with injured athletes; Respected decisions of Sports Medicine Staff
- Provided clear explanations/demonstrations when teaching to athletes
- Demonstrated the ability to analyze and correct techniques
- Conducted "competitive" practice sessions
- Utilized time in room efficiently
- Was open to change when needed
- Open to feedback and constructive criticism

## Competition

At competitions, the assistant coach . . .

- Follows no drinking policy, curfew, no chewing and all team and NCAA rules, personal behavior, etc. – during competition
- Utilized scouting reports to prepare the team
- Dresses Professionally at competitions
- Attitude and body language are positive and professional during pre-warm up and during matches
- Stays In Lane on assigned tasks during competitions - (travel, pre-match, match, post match)
- Works with assigned athletes (and refrains from showing favoritism to certain athletes – ex: only when winning or expected to win)
- Discussed strategy for each athlete you are in charge of with head coach before each contest
- Instilled confidence in team through effective support of Head Coach
- Communicated effectively during time-outs; Between periods (works well with head coach - refrains from yelling athletes name) – competing for attention, etc. (works well as a team player)
- Demonstrated knowledge of athlete injuries and respected judgment of Sports Medicine Staff
- Encouraged "ethical conduct" with respect to tactics and strategies
- Demonstrated control on the sidelines with athletes and officials and good sportsmanship
- Exhibited appropriate post-game behavior with athletes, officials, opponents, fans, parents (good \ sportsmanship and class)
- Refrain from yelling or competition coaching
- Updated and communicated strategy during matches with Head Coach
HEAD COACH EVALUATION FORM FOR ASSISTANT COACHES

Coach Name

Assistant Coach Name

Date:

| COACH'S CHARACTERISTICS
<table>
<thead>
<tr>
<th>In general, the assistant coach . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ Enhanced my performance through his/her assistant coaching</td>
</tr>
<tr>
<td>___ Was rewarding to work with and have on my staff</td>
</tr>
<tr>
<td>___ Incorporated the religious philosophy of the school</td>
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<tr>
<td>___ Sets a good personal example and positive attitude</td>
</tr>
<tr>
<td>___ Displayed consistency and decisiveness in responsibilities</td>
</tr>
<tr>
<td>___ Was an effective motivator</td>
</tr>
<tr>
<td>___ Had a Good rapport with athletes</td>
</tr>
<tr>
<td>___ Cared about the team personally and each athlete outside of the wrestling room as a person; Was available to talk to with regard to personal problems or advice with athletes and share with coach</td>
</tr>
<tr>
<td>___ Consulted me with regard to team rules</td>
</tr>
<tr>
<td>___ Respected the head coaches decisions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OTHER AREAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ Practice facilities were adequate and helps to keep equipment safe and clean when appropriate</td>
</tr>
<tr>
<td>___ Game/Event Support (helps with the admin activities such as food, scouting, etc)</td>
</tr>
<tr>
<td>___ Recruiting calls (makes appropriate use of time and communicates regularly with head coach about recruiting efforts</td>
</tr>
<tr>
<td>___ Time Management (makes appropriate use of time in office hours and is on task)</td>
</tr>
</tbody>
</table>

| SELF EVALUATION |
| Strongly Agree 1 - Strongly Disagree 5 |

Assistant Coach understands what is expected of him & communicates w/ Head Coach if unsure  
Assistant Coach uses time efficiently  
Assistant coach brings positive attitude the office, recruiting, at practices and competitions  
Assistant coach displays strong bench skills and is a team player  
Assistant coach interact appropriately w/ UD faculty & staff, wrestlers, alumni, parents, & fans  
Assistant coach shows respect to the Head Coach and Team  
Wrestlers are treated fairly by the assistant Coach  
Assistant coach clearly communicates with head coach  
Overall, Assistant Coach bring a positive and professional attitude to being an assistant coach

1. Please give some examples of what feel you do very well or are your greatest strengths as an assistant coach.

2. Please give some examples or areas that you feel you need to improve as an assistant coach.